

Effect of Lisinopril (ACE Inhibitor) on Reproductive Function in Female Wistar Rats

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Abstract

This study was designed to investigate the effect of lisinopril on reproductive function in female Wistar rats. Sixteen female rats (120 – 160 g) were used for the estrous cycle and histopathological studies. Lisinopril (0.7 mg/kg) was administered orally on daily basis for 21 and 50 days respectively for the estrous cycle and histological studies. Estrous cycle was carried out using the technique of Marcondes *et al.*, histologies of the ovaries and uteri were also carried out. Data were analysed using descriptive statistics and student's t-test at $p=0.05$. Treatment of rats for 21 days with lisinopril (0.7 mg/kg) produced a significant ($p<0.05$) increase in the estrous phase and insignificant ($p>0.05$) changes in the proestrous, metestrous and diestrous phases of the estrous cycle relative to their respective controls and induced no pathological effects on the ovarian and uterine tissues in the rats. It can therefore be concluded that lisinopril probably have pro-fertility effect without deleterious effect at histological level in female Wistar rats.

Keywords: Estrous, Lisinopril, Ovaries, Proestrous, Rats.

INTRODUCTION

Lisinopril, a new nonsulphydryl angiotensin converting enzyme (ACE) inhibitor, lowers peripheral vascular resistance with a resultant decrease in blood pressure.^[1]

Lisinopril has pleiotropic pharmacological effects that may be relevant in hepatoprotection against I/R injury. For example, in addition to inhibiting angiotensin converting enzyme, lisinopril also attenuates reactive oxygen species formation^[2], and increases nitric oxide bioavailability.^[3] Its effect of on rat liver tissues in L-NAME induced hypertension model has been reported.^[4] Its beneficial effect on haematological function in male rats has been reported.^[5] Its effect on reproductive parameters in male rats has also been reported.^[6]

However, due to dearth of information from literature on the effect of lisinopril on reproductive parameter in female rats, this study therefore aims at investigating the effect of this antihypertensive agent on these parameters.

MATERIALS AND METHODS

Experimental Animals

Adult female rats weighing between 120 g – 160 g bred in the Pre-Clinical Animal House of the College of Medicine and Health Sciences, Afe Babalola University were used. They were housed under standard laboratory conditions and had free access to feed and water; they were acclimatized for two weeks to laboratory conditions before the commencement of the experiments. All experiments were carried out in compliance with the recommendations of Afe Babalola University Ethics Committee on guiding principles on care and use of animals.

Drug

Lisinopril (ACE inhibitor) tablets (TEVA UK, Ltd) were bought from Danax Pharmacy, Ibadan, Nigeria. Lisinopril (10 mg) was dissolved in 10 mL of distilled water to give a concentration of 1.0 mg/mL. The dosage of lisinopril used in this study was in accordance with that reported by the manufacturer.

Experimental Design

Study on Estrous Cycle

Six matured female rats showing at least three regular 4 – 5 day cycles were used for this study. Vaginal lavages (smears) were examined microscopically every day at a constant interval of 9.30 – 10.30a.m for 21 days before and after treatments with the antihypertensive drug. The smears were classified into one of the phases of the estrous cycle using the Marcondes technique.^[7] Vaginal secretion was collected with a plastic pipette filled with 10 μ L of normal saline (NaCl 0.9 %) by inserting the tip into the rat's vagina, but not deeply. Vaginal fluid was placed on glass slide. A different glass slide was used for each cage of animals. One drop was collected with a clean tip from each rat. Unstained material was observed under a light microscope, without the use of condenser lens, with 10 and 40 x objective lenses.

Three types of cells could be recognized: round and nucleated ones are epithelial cells; irregular ones without nucleus are the cornified cells; and the little round ones are the leucocytes. The proportion among them was used for the determination of estrous cycle phases.^[8, 9] The duration of the estrous cycle was determined. In this study, the experimental animals also served as the control. The first 21 days served as the control days, while the last 21 days served as the treatment days.

The 6 rats for this estrous cycle study received 0.7 mg/kg of lisinopril (ACE inhibitors).

Histopathological Study

In another set of experiment, ten matured female rats received the following treatment of the hypertensive agent and control orally per day for fifty days as follows:

Group I rats received 0.5 mL/100 g of distilled water as the control group.

Group II rats received 0.7 mg/kg of lisinopril (ACE inhibitor).

On the 51st day, all the rats were sacrificed by an overdose of diethyl ether. The ovaries and uteri were dissected out, cleaned of fat and immediately fixed in Bouin's fluid.

Histological preparation of tissues

After weighing the ovaries and uteri, they were immediately fixed in Bouin's fluid for 12 hours and the Bouin's fixative was washed from the samples with 70 % alcohol. The tissues were then cut in slabs of about 0.5cm transversely and the tissues were dehydrated by passing through different grades of alcohol: 70 % alcohol for 2 hours, 100 % alcohol for 2 hours, and finally 100 % alcohol for 2 hours. The tissues were then cleared to remove the alcohol, the clearing was done for 6 hours using xylene. The tissues were then infiltrated in molten paraffin wax for 2 hours in an oven at 57°C, thereafter the tissues were embedded. Serial sections were cut using rotary microtome at 5microns (5 µm). The satisfactory ribbons were picked up from a water bath (50 - 55°C) with microscope slides that had been coated on one slide with egg albumin as an adhesive and the slides were dried in an oven. Each section was deparaffinized in xylene for 1 minute before immersed in absolute alcohol for 1 minute and later in descending grades of alcohols for about 30 seconds each to hydrate it. The slides were then rinsed in water and immersed in alcoholic solutions of hematoxylin for about 18 minutes. The slides were rinsed in water, and then differentiated in 1 % acid alcohol and then put inside a running tap water to blue and then counterstained in alcoholic eosin for 30 seconds and rinsed in water for a few seconds, before being immersed in 70 %, 90 % and twice in absolute alcohol for 30 seconds each to dehydrate the preparations. The preparations were cleared of alcohol by dripping them in xylene for 1 minute. Each slide was then cleaned, blotted and mounted with DPX and cover slip, and examined under the microscope. Photomicrographs were taken at x40, x100 and x400 magnifications.

Statistical Analyses

The mean and standard error of mean (S.E.M.) were calculated for all values. Comparison between the control and the treated group was done using student's t-test. Differences were considered statistically significant at $p < 0.05$.

RESULTS

Treatment of rats for 21 days with lisinopril (0.7 mg/kg) produced a significant ($p < 0.05$) increase in the estrous phase, but induced insignificant ($p > 0.05$) changes in the proestrous, metestrous and diestrous phases of the estrous cycle relative to their respective controls (Figure 1).

Treatment of rats with lisinopril (0.7 mg/kg) for 50 days produced no visible lesions on the ovaries, except follicles that are seen at different developmental follicular stages, which is similar to what was observed in the control rats (Figures 2 and 3).

Treatment of rats with lisinopril (0.7 mg/kg) for 50 days produced no pathological effects on the uteri, which is similar to what was observed in the control rats (Figures 4 and 5).

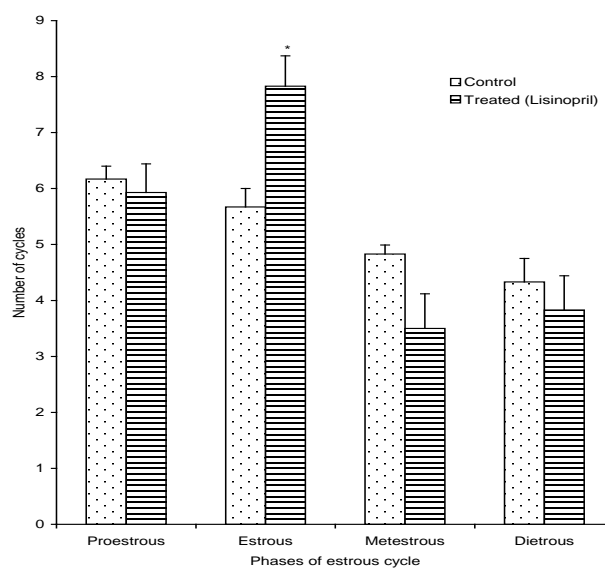


Figure 1: Effect of 21 days treatment with lisinopril (ACE Inhibitor) on estrous cycle (n = 6, * $p < 0.05$)

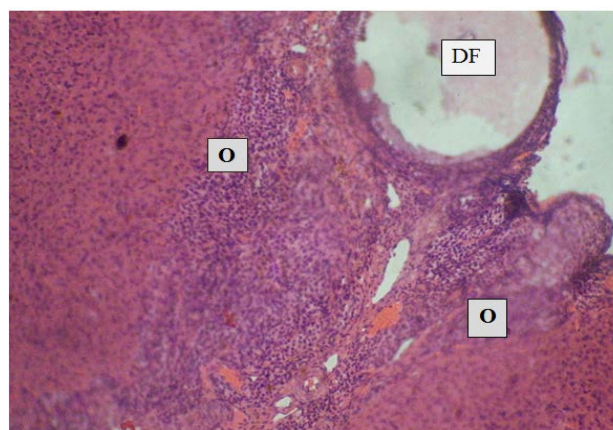


Figure 2: Effect of 0.5 mL distilled water (control) on the ovary at x100.

Photomicrograph showing a normal ovary (O) with few developing follicles (DF).

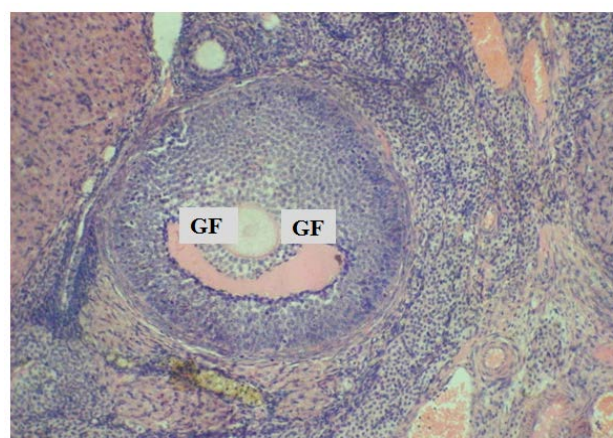


Figure 3: Effect of lisinopril (0.7 mg/kg) on the ovary at x100

Photomicrograph showing an ovary with a matured Graffian follicle (GF) with no pathologic lesions.

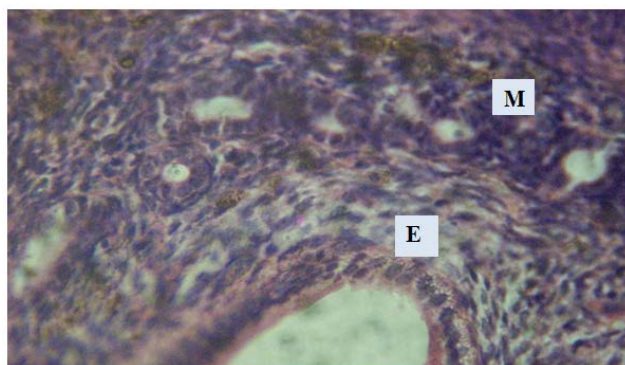


Figure 4: Effect of 0.5 mL distilled water (control) on the uterus at x100.

Photomicrograph showing normal endometria (E) and myometrium (M) with no pathologic lesions.

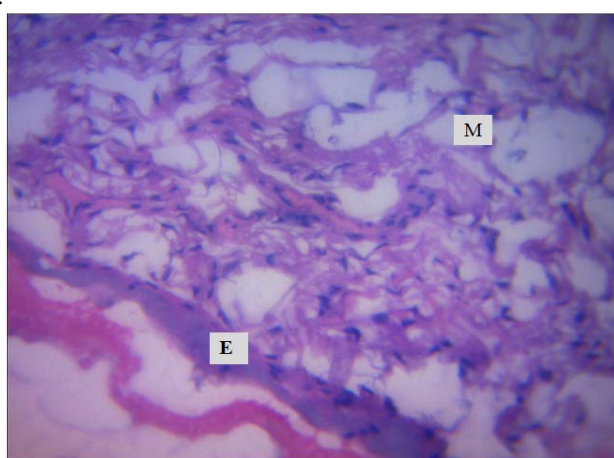


Figure 5: Effect of lisinopril (0.7 mg/kg) on the uterus at x100

Photomicrograph showing normal endometrial (E) and myometrial (M) layers with pathologic lesions present.

DISCUSSION

The estrous cycle study revealed that lisinopril caused a significant change in the duration of a phase of the estrous cycle. Similar report was given by ^[10] in *Simarouba versicolor* extract treated rats. This suggests that the antihypertensive drug caused imbalances of the ovarian and extraovarian hormones, since it has been reported that some changes in ovarian hormones and extra-ovarian can lead to irregularity in ovarian function causing changes in estrous cycle duration. ^[11]

Treatment of rats with lisinopril caused significant increase in estrous phase of the estrous cycle which suggests the availability of matured Graafian follicles. Contrary result was reported by ^[12] in *Parkia platycephala* treated rats.

The ovarian photomicrographs of the control and lisinopril treated rats showed developing follicles and Graafian follicle respectively with no pathologic lesions present which suggests the non-toxic effect of the drug on the ovaries. Contrary results were reported by ^[13] in *Momordica charantia* seed extracts treated rats.

The uterine photomicrographs of the control and lisinopril treated rats showed normal endometrial and myometrial

layers without pathologic lesions which probably indicate the non-toxic effect of the drug on the uteri. Contrary result was reported by ^[14] in *Cleome gynandra* leaf extract treated rats.

CONCLUSION

In conclusion, this study has shown that lisinopril probably has pro-fertility effect without deleterious effect at histological level in female rats. However, the effect of this antihypertensive agent on human reproductive function is unknown; nevertheless, considering these findings in animal model, it is recommended that women with infertility problems could take this antihypertensive drug (lisinopril) for infertility therapeutic purpose.

Conflict of Interest

We vehemently declare that there is no conflict of interests in this research work.

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