

CONCLUSION

Cocos nucifera is a widely dispersed plant that has important pharmacological effects with low toxicity. Furthermore, medicinal use of *C. nucifera* has an environmental appeal, since this plant is widely used in the food industry and use of discarded plant parts will reduce waste and pollution. The pharmacological effects of the plant differ according to the part of the plant or fruit used. Antioxidant activity predominated in the constituents of the endocarp and coconut water. Within the limitations of the study, green coconut water proved to be a valuable antifungal agent against *Candida albicans*

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