







controlling the symptoms of the disease is improved through taking inhaled and systemic drugs (20), the management of asthma faces some difficulties for reasons such as children's lack of an appropriate understanding about the disease, their failure to use the drugs properly, and lack of conducting appropriate supervision by the medical staff and parents (22). One can prevent the recurrence of the symptoms and control the disease by teaching the children how to use the drugs as well as providing the children with other trainings (by the medical staff and parents) about diets, correct way of taking drugs. However, the medical staff and parents need to make sure that the children have learnt the proper method of using the drugs they take.

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